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| Company: Thistle Trekking LTD | Staff Qualification Requirements | Compiled by: Scarlet Trevett |
| Date completed: November 2011 | All procedures should be reviewed if changes are made to the trip, e.g. the group, transport, ratios etc. | Reviewed/Updated 24.1.2019 |

| Trek/Event Name | Guide Ratio | Guide Qualifications | Trek Manager Ratio | Trek Manager Qualifications |
|---------------------|----------------|-------------------------------------|--------------------------|--|
| West Highland Way | 1:12 | ML Assessment 16 Hour First Aid | 1:24 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| East Highland Way | 1:12 | ML Assessment 16 Hour First Aid | 1:24 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| Great Glen Way | 1:12 | ML Assessment 16 Hour First Aid | 1:24 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| The Skye Trail | 1:12 | ML Assessment 16 Hour First Aid | 1:24 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| Pembroke Coast Path | 1:12 | ML Assessment 16 Hour First Aid | 1:24 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| Snowdonia Way | 1:12 | ML Assessment 16 Hour First Aid | 1:24 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| Coast to Coast | 1:12 | ML Assessment 16 Hour First Aid | 1:24 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| Cape Wrath Trail | 1:8 | ML Assessment 16 Hour First Aid | 1:16 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| NW Wilderness | 1:8 | ML Assessment 16 Hour First Aid | 1:16 | Over 25 & valid driving licence ML Assessment* 16 Hour First Aid |
| Aonach Eagach | 1:3 | MIA Assessment 16 Hour First Aid | N/A | N/A |
| Skye Cuillin | 1:3 | MIA Assessment 16 Hour First Aid | N/A | N/A |
| Torrison Giants | 1:4 | MIA Assessment 16 Hour First Aid | N/A | N/A |
| Ben Nevis (Tourist) | 1:10 | ML Assessment 16 Hour First Aid | N/A | N/A |

* While the ML Assessment for trek managers is preferred, the ML Training is acceptable if all the following are met:

- ✓ The person has shadowed or assisted for Thistle Trekking previously.
- ✓ The person has been assessed by Scarlet while working in a Trek Manager role.
- ✓ During both of the above the person has displayed they are of a very high standard and able to work as a Trek Manager independently.